



### Memory Story 1

On Sunday, August 18th, Susan, Robyn, and Julia attended a fundraising event at the school in Glenwood. There were around 250 guests.

There were five speakers who talked about "Being a Woman of Courage." Each speaker spoke for about 15 minutes.

When guests arrived, they were welcomed with coffee. Later, a brunch was served, which included cheesecake, carrot cake, granadilla sponge cake, fresh fruit with yogurt and muesli, and bagels with different fillings. Susan chose fresh fruit with yogurt and muesli, Robyn had cheesecake, and Julia had a bagel with egg mayonnaise.

Everyone received a goody bag filled with fun items.

The guests enjoyed the morning very much.

#### Questions:

On what day did this event take place? \_\_\_\_\_

Where did it take place? \_\_\_\_\_

Name the three ladies who attended. \_\_\_\_\_

How many speakers were there, and what did they speak about? \_\_\_\_\_

What was offered to drink when you arrived? \_\_\_\_\_

What food was available on the buffet? \_\_\_\_\_

What did Susan eat? \_\_\_\_\_

What did Robyn eat? \_\_\_\_\_

What was on Julia's bagel? \_\_\_\_\_

How long did each speaker speak for? \_\_\_\_\_



### Memory Story 2

Yesterday, Kevin, Brenda, and Mark visited a farm in Springbrook.

They drove Kevin's father's vehicle, covering 50 kilometers in 38 minutes.

When they arrived, Farmer James and his wife Mary welcomed them with tea, coffee, and homemade rusks.

They then took a tour of the farm in a minibus. Kevin was excited to see horses in the field, especially the two baby foals.

In the barn, Brenda got to milk the cows, and Mark, though nervous, was able to shear a sheep with help from Peter, the farmhand.

They also saw the maize fields and the vegetable patch. After the tour, they left the farm and headed back to the city, although they wished they could have stayed longer.

#### Questions:

Who went to the farm in Springbrook? \_\_\_\_\_

How did they get there? \_\_\_\_\_

How far was it from the city? \_\_\_\_\_

How long did it take them to arrive? \_\_\_\_\_

Who greeted them when they arrived? \_\_\_\_\_

What were they offered to eat and drink? \_\_\_\_\_

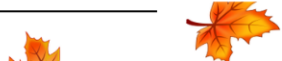
Why was Kevin so excited? \_\_\_\_\_

Who had a chance to milk the cows in the barn? \_\_\_\_\_

Who helped Mark shear the sheep? \_\_\_\_\_

What else did they visit on the farm? \_\_\_\_\_

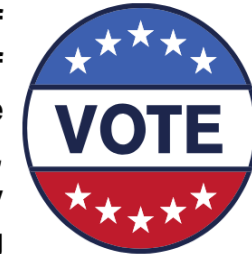
Were they happy to go back to the city? \_\_\_\_\_



# NEWSLETTER

As we welcome September, we also welcome the autumn equinox, a time of balance and change. It's a reminder of the shifting seasons, not only in nature but also in our lives. Here at our facility, we've been going through many changes as well. With illness affecting some of our community members and the arrival of new staff, these transitions can be challenging. We sincerely thank everyone for their patience and understanding as we work through these adjustments. We are hopeful for a fun and fulfilling September as we continue to build a strong community together.

Building a sense of community is more important than ever. Supporting one another, being patient, and accepting people for who they are helps us all thrive. Remember, everyone is doing their best, and kindness goes a long way. There's a saying that goes, "If at first you can't think of anything nice to say, you're not thinking hard enough." If you find yourself with a negative thought about someone, I challenge you to think a little longer until you can find something positive to focus on. Let's embrace this next month together with open hearts and minds. And as we move forward, let's start thinking about the fun activities and events we can look forward to in October and the upcoming holiday season.



See important information regarding voter registration and absentee voting for the upcoming November 5th election.

**UPCOMING FLU CLINIC**  
**Thursday**  
**October 3rd**

## Resident's Corner

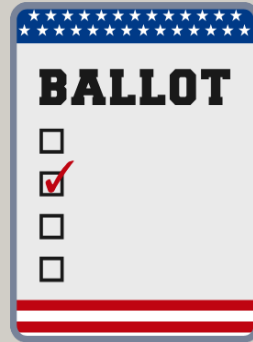
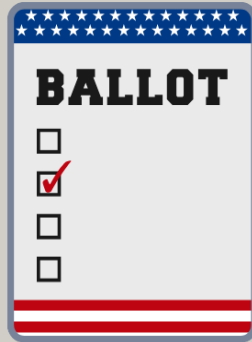
We would like to incorporate a section of the newsletter for you or your family to share information, good news, a poem, a joke, etc.

This will help us all get to know each other and have some fun along the way

### Quote of the Month

**"If you can't think of anything nice, you're not thinking hard enough."**

-unknown



## Absentee Voting Registration for Nov. 5th Election

If you would like to request an absentee ballot for the upcoming election, please fill out the attached request form and turn into a staff member as soon as possible.

If you are unsure of your voting registration, we can help you check that or you can call the number below. If you have any questions, please fill out the request form and we will follow up with you.

### Clay County Board of Elections

**(816) 415-8683**



**If you need a request form,  
you can call Hanna or Amber  
816-628-2222 ext. 3**

Rebus puzzles use letters and pictures to cryptically represent a word, phrase or saying. They are sometimes known as Pictograms. How to decipher? Carefully consider: the SIZE and color the position, direction and how many words are used.

# REBUS PUZZLES

Having trouble solving?  
ask a friend for help.  
if you're really, really stuck  
the answers are posted in the social room

1  Solve the puzzle	2  Solve the puzzle	3 choice choice choice Solve the puzzle	10 22222 Day Solve the puzzle	11 3.14159 Solve the puzzle	12 $\frac{0}{M.D. Ph.D. B.Sc.}$ Solve the puzzle
4 storm th Solve the puzzle	5 PRO MISE Solve the puzzle	6 JACK Solve the puzzle	13  Solve the puzzle	14  Solve the puzzle	15 WORL... Solve the puzzle
7 ET Solve the puzzle	8 cycle cycle cycle Solve the puzzle	9 Payment Solve the puzzle	16 @ eeee Solve the puzzle	17 XX Solve the puzzle	18 LO head VE heels Solve the puzzle
19  Solve the puzzle	20  Solve the puzzle	21 J U S T YOU ME Solve the puzzle	22 time time Solve the puzzle	23 arrest you're Solve the puzzle	24 ICE <sup>3</sup> Solve the puzzle
25 ground feet feet feet feet feet feet Solve the puzzle	26 Friends standing Friends miss Solve the puzzle	27 man overboard Solve the puzzle	28 ter VERY esting Solve the puzzle	29 TULIPS Solve the puzzle	30 reading Solve the puzzle
31 + EEEE mountains Solve the puzzle	32 in inside Solve the puzzle				

# UPCOMING FLU CLINIC

## Thursday, October 3rd

Please fill out the attached form for the flu clinic if you would like to receive a vaccine.  
Return completed forms to staff as soon as possible

AS WE HEAD INTO FLU SEASON, HERE ARE SOME TIPS FROM THE CDC TO HELP SLOW THE SPREAD OF ILLNESS

**Respiratory Virus Guidance Snapshot**

**CORE STRATEGIES**

- Immunizations
- Hygiene
- Steps for Cleaner Air
- Treatment
- Stay Home and Prevent Spread

**ADDITIONAL STRATEGIES**

- Masks
- Distancing
- Tests

Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

\*Stay home and away from others until,

Your symptoms are getting better **and** You are fever-free (without meds) for 24 hrs

Then take added precaution for the next 5 days

**CDC**

**Joyce**

**Mary**

**Sandy**

**Amber**

**Aiya**

**Hanna**

**Memory/About Me Boards**

If you would like to create one, reach out to Hanna or Amber 816-628-2222 ext. 3

# SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>10:30am</b> Sunday School with Faith and Steve Williams <b>2:00pm</b> Faith Vineyard Church Service	2 <b>LABOR day</b>	3 <b>10:30am</b> Music by Jim and Karen Chrisman <b>1:30pm</b> PEPPi Exercise <b>5:30pm</b> Music by Best of Friends	4 <b>10:00am</b> Coloring & Word Puzzles <b>1:30pm</b> Games & coloring <b>6:00pm</b> O God! What a Character! Bible Study	5 <b>9:30-11:30am</b> Iced Coffee Social with word puzzles & coloring <b>1:00pm</b> Catholic Mass <b>2:00pm</b> BINGO	6 <b>10:30am</b> PEPPi Exercise <b>1:30pm</b> MUSIC by Bob Knutter	7 <b>2:00pm</b> Resident Lead Coloring & Word Puzzles in Social Room <b>6:00pm</b> Saturday Night Church with David Asher
8 <b>10:30am</b> Sunday School with Faith and Steve Williams <b>2:00pm</b> United Methodist Church Service	9 <b>10:30am</b> PEPPi Exercise <b>1:30pm</b> Coping with Change with Ann Kinney	10 <b>10:30am</b> MUSIC by Gerry Barr <b>1:30pm</b> Trivia	11 <b>10:00am</b> Coloring & Word Puzzles <b>1:30pm</b> Games & coloring	12 <b>10:30am</b> Name that Tune <b>2:00pm</b> BINGO <b>7:00pm</b> Country Music Makers	13 <b>10:30am</b> PEPPi Exercise <b>1:30pm</b> Open Ended Stories & Mad Libs	14 <b>10:00am</b> Bring your own Coffee w/ Conversation questions <b>2:00pm</b> Resident Lead Coloring & Word Puzzles in Social Room <b>6:00pm</b> Saturday Night Church with David Asher
15 <b>10:30am</b> Sunday School with Faith and Steve Williams <b>2:00pm</b> Northern Hills Church Service	16 <b>9:30-11:30am</b> Iced Coffee Social with word puzzles & coloring <b>1:00pm</b> Visit from Beaker the service dog <b>1:30pm</b> PEPPi exercise	17 <b>10:30am</b> Balloon Tennis <b>1:30pm</b> MUSIC by Dave Donaldson	18 <b>10:00am</b> Coloring & Word Puzzles <b>1:30pm</b> Games & coloring <b>6:00pm</b> O God! What a Character! Bible Study	19 <b>10:00am</b> Wii Bowling <b>2:00pm</b> BINGO	20 <b>8:00am</b> IL Breakfast <b>10:30am</b> PEPPi Exercise <b>1:30pm</b> Fall Door Sign Craft	21 <b>2:00pm</b> Resident Lead Coloring & Word Puzzles in Social Room <b>6:00pm</b> Saturday Night Church with David Asher
22 <b>10:30am</b> Sunday School with Faith and Steve Williams <b>2:00pm</b> Christ Fellowship of Kansas City Autumn Equinox	23 <b>10:30am</b> PEPPi Exercise <b>1:30pm</b> Wii Bowling <b>3:00pm</b> Accordion Music by Rick McDowell	24 <b>10:00am</b> Library Ladies <b>1:30pm</b> MUSIC by Del Sutton	25 <b>10:00am</b> Coloring & Word Puzzles <b>1:30pm</b> Games & coloring	26 <b>10:30am</b> Name that Tune <b>2:00pm</b> BINGO <b>6:30pm</b> MUSIC by Tom Lay	27 <b>10:30am</b> PEPPi Exercise <b>1:30pm</b> Family Feud	28 <b>2:00pm</b> Resident Lead Coloring & Word Puzzles in Social Room <b>6:00pm</b> Saturday Night Church with David Asher
29 <b>10:30am</b> Sunday School with Faith and Steve Williams	30 <b>9:30-11:30am</b> Iced Coffee Social with word puzzles & coloring <b>1:30pm</b> PEPPi exercise					